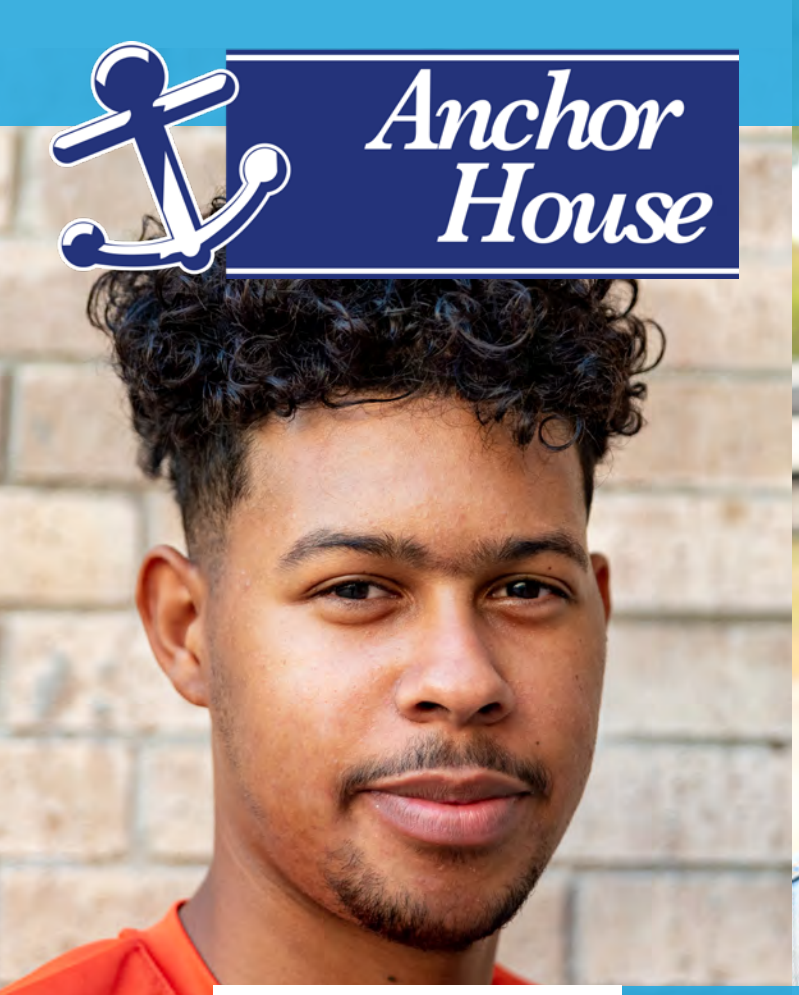
Anchor House



IMPACT REPORT 2022

HOPE. HEALING. OPPORTUNITY.

Mission

To provide a safe haven where abused, runaway, homeless and at-risk youth and their families are empowered to succeed and thrive

Anchor House Board and Staff wearing blue for Child Abuse Prevention Awareness Month

"Anchor House helped me get my life back on track."

– Outreach youth

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Executive Director

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Mereides Delgado, M.Div.
Director of Young Adult Services

Jay Neiderman
Residential Coordinator

Karen Stettner
Director of Finance

Ben Thornton II
Director of Outreach & Housing Initiatives

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Duane Malone

Martha Moseley

Beth Mowery

John Murray

Monica Stockman

Timothy Quinn

Kathy Drulis
Chief Operating Officer

The Anchor House Foundation organizes the annual Ride for Runaways to help support Anchor House programs.

Message from the Executive Director and Board President

Dear Friends,

Anchor House is at an exciting time as we prepare to celebrate 45 years of working to prevent and end youth homelessness in 2023. Together, with our **amazing and dedicated staff, generous donors and partners,** we are providing hope and changing the lives of hundreds of youth each year.

Despite the ongoing challenges of our time, and decreased government funding, we are pleased to highlight our impact. This year we made progress with renovations at our **new facility on Brunswick Avenue,** our fourth location, and are poised to open in 2023. The site will provide youth with more accessible and expanded homelessness prevention services.

Another highlight of the year is the **creation of a three-year strategic plan,** developed by our Board and key staff, that will serve as a guide forward in refining our work and strengthening capacity. As part of the plan, we contracted with a consultant to conduct a feasibility study on Anchor House expanding our mental health services based on community need.

In 2022 alone, we held **over 800 counseling sessions** with individuals across programs, and in aftercare, to help improve quality of life. Responding to the national youth mental health crisis, we are looking at more ways to provide mental health services.

Our outreach team continues to **provide the only Street Outreach Program in Trenton/Mercer County targeting youth.** The team works in partnership with the City of Trenton's Coordinated Entry Assessment System Center.

As we look ahead, we are exploring more ways to better assist youth and remain incredibly **grateful for a generous and caring community of donors** who help make our work possible. If you would like to discuss our work and how you can help, please reach out to kmcnear@anchorhousenj.org. Thank you!

With gratitude,

Kim McNear

Executive Director

Kristie Sells

President, Board of Directors

"I continue to be inspired by the expertise, passion, and dedication of Anchor House leadership and staff."

— *Kristie Sells, Anchor House Board President*

Our Impact In Action:
Your Support Made a Difference

"Anchor House was the only place I truly felt at home."

– Safe Housing youth

Safe Housing Connects Youth

While Anchor House may be best known for the Emergency Youth Shelter that has been in operation since our opening in 1978, we also **offer a myriad of housing programs to safely and efficiently house youth** that are experiencing homelessness. We offer Rapid Rehousing, Connect to Home, Transitional Living, Apartment Programs and supportive services within our Safe Housing Initiatives.

This year, **we served 121 individuals in our Safe Housing programs.** We housed 24 youth in apartments in Rapid Rehousing and served 40 youth and their children in the Connect to Home program.

Providing an Extended Support System

Beyond our core programs, our staff, volunteers and partners help **create an extended support system for youth** who may not have caring adults in their life. Staff help youth in every step of their journey from driving tests, preparing for and sending them off to college, attending graduations, preparing for prom and helping them set up their first apartments.

Volunteers take youth out for activities, lend a caring ear, donate to help with basic needs and even college funds and much more.

Staff and youth taking a moment to connect

"I appreciate having someone alongside me during this time in life."

– Aftercare youth

Impact By The Numbers

Snapshot of numbers behind real lives

4

Locations operated in Trenton

156

Youth **placed in a secure environment**

34

Rental units in the community

800

Counseling sessions across programs

48

Staff members **employed**

82

Walk-ins to **Youth Drop In Center**

118

24 Hour **Crisis Hotline Calls**

2,725

Service contacts made through the Coordinated Entry Assessment System (CEAS).

Direct assistance to

116

Youth for clothing, transportation, medical, security deposits, furniture and stipends...

...direct assistance

$101,139

– including

$62,885

for rent

Connect to Home: M's Path to Housing

M has always been a strong advocate for herself and her daughter. As a single mother, aging out of the foster system, M worked with our **Connect to Home program to navigate, secure and maintain a housing voucher.** She utilized case management, group sessions and developed positive relationships with Anchor House staff and outside partners.

Throughout her time in the program, M maintained employment, attended college classes on a scholarship and improved her financial literacy and life skills. After fulfilling the voucher requirements, M's housing application was approved and she **moved from temporary housing into a new home!**

A New Home for M

"I'm grateful to Anchor House for helping me get my first apartment. It is a dream come true."

– Connect to Home youth

Anchor House Foundation Ride for Runaways

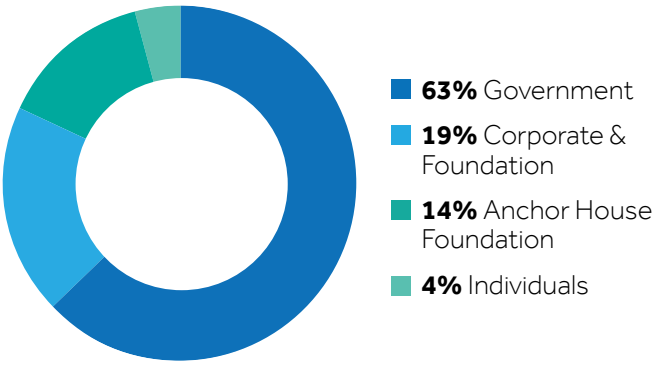
The Foundation's 44th Ride for Runaways was held and raised essential funds for Anchor House programs. The "Classic" Ride resumed with a 500 mile route from Charlottesville, VA to Trenton. There was also an option of a Flex Ride and a Walk. **Anchor House thanks the Foundation and all their donors and participants** for the hard work and enthusiastic support of our mission!

To learn more or sign up for the 2023 Ride, visit **www.anchorhouseride.rallybound.org** for more info.

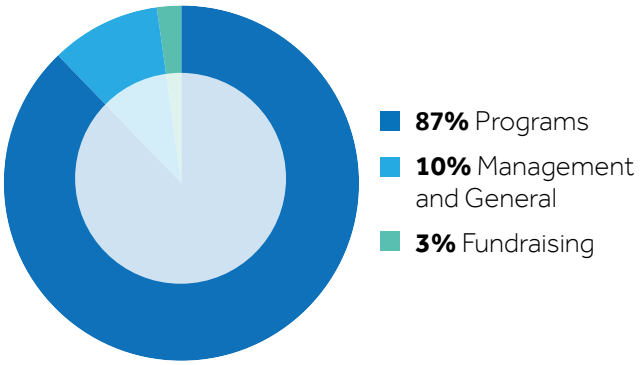
The Anchor House Foundation organizes the Ride for Runaways to help support Anchor House programs.

Financial Summary 2022

2022 Actual Revenue **$3,164,906**



2022 Actual Expenses **$2,451,160**



This year in review is based on the calendar year.

Anchor House relies on donations to help youth, young people and their families access our services free of charge.

A Caring Community of Supporters

Thank you for investing in our youth!

Zonta Club of Trenton/Mercer grant recognition

Anchor House is grateful for a caring community of donors who help make our work possible during challenging times and decreased government funding. As we move forward with high cost of rent, soaring inflation and economic uncertainty **your support is critical to help provide a myriad of services to youth in need.**

Together, with the generosity of individuals, businesses, foundations, churches and government agencies, **we can continue to lift up individuals** as we work to prevent and end youth homelessness in Trenton/Mercer County.

Individual Donors

Huma Ahsan
June Albanowski
Lauren Albrecht
Sally Amatucci
Alfred Ambrose
Debra Amon
Martina Anderson
Susan Anderson
Jo Ann Angarone
Anonymous
Jeff Ashley
Mary Ann Baiocco
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Cathy Benzinger
Seema Bery
Deval Bhavsar
Joan Birchenall
Scott Blandford
Joan Blessing
Jennifer Borges
Michelle Bouchard
Jean and Elwood Bowman Fund
Nancy and Thomas Braunworth
Donna Breitenbach
Patricia Brown
Russell Buckley

Donors listed for 2022 calendar year

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Carmen Carnicero
Katherine Carr
Nora Ceja Kobylarz
May Chien
Michael Chmielewski
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Dania Colon
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Janice Croux
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Lori Dauphiny
Joseph DeLucia
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David Mann
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Martha Shea
Steven Sheriff
Steven Shute
Michael Smith

"As Anchor House prepares to celebrate its 45th year, the safe housing and supportive services it provides have never been more crucial to empowering vulnerable youth and their families to flourish, succeed and thrive."

– Rich Belli, Jr.,
Anchor House Board 1st Vice President

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Nancy Phillips
Dean and Marte Pierson
Melissa Pinder
Diane Plessis-Belair
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Grace Power
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Diane Wilburn
Alan Wood
Brian Zack
David Zebuhr
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In Honor

Denise Bard
Evelyn Hernandez
Beth Mowery

In Memory

Phil Goldberg
Mary Halloran
William Hogan
Patrick Murray
Ryan Shute Memorial Fund
Jimmy Slavin

Institutional and Organizational Support

Amazon Smile
America's Charities
Anonymous
David R. and Patricia D. Atkinson Foundation
Audible by Amazon
Bank of America Matching Gift
Bank of America Moore Giving Fund
Stanley and Rela Banks Foundation
Benevity Causes
BlackRock Your Cause
Bristol Myers Squibb
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Catholic Daughters of the America
Church of St. David the King
Christine's Hope for Kids
Church & Dwight Employee Giving Fund
Citizens Philanthropic Foundation
Stephen Colbert Americone Dream Fund of the Coastal Community Foundation of South Carolina
College of New Jersey Delta Epsilon Mu
Credit Union of New Jersey Foundation
Dance it Up with Music
Daughters of Penelope Altes 163
Dreams R Us Foundation
Epworth United Methodist Church
ETS
First Presbyterian Church
High Foundation
Home Care Veterinary Clinic
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Merancas Foundation
Merrill Lynch Matching Gifts
Mithun Family Foundation
Morrisville Presbyterian Church
MSK Consulting
NJM Insurance Group
Notre Dame High School
NRG Energy Gives
Old Republic Specialty Insurance
PNC Foundation
Bunbury Fund of the Princeton Area Community Foundation
Community Impact Grants Fund of the Princeton Area Community Foundation
Princeton Area Juniorettes
Public Strategies Impact
Rider University
Rite Aid Healthy Futures
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Stark & Stark
Stout's Charter Service
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Trenton Board of Education
Turning Point United Methodist Women
United Presbyterian Women's Association
United Way of Central New Jersey
Yardley United Methodist Church

Government Agencies

Administration for Children and Families
Capital County Children's Collaborative
Mercer County Department of Human Services
New Jersey Department of Children and Families Division of Child Protection & Permanency
Office of the Secretary of Higher Education
US Department of Homeland Security Emergency Food and Shelter Program

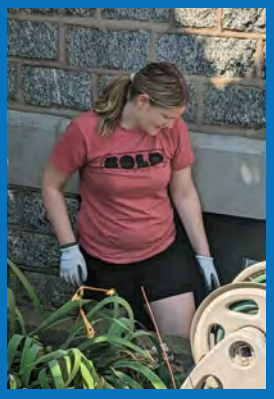
We make every effort to accurately recognize our donors. Any errors or omissions are unintentional. Should you find any, please accept our apologies and notify us at **info@anchorhousenj.org.**

Please note lists do not include Anchor House Foundation Ride for Runaways donors. Ride donors are acknowledged by the Foundation.

The Do Good Bus visits Anchor House

In-Kind Support and Volunteers

Anchor House extends a **special thanks to in-kind donors** (food, clothes, holiday gifts, supplies, donated services and more!) and the many individuals, organizations and corporations who **volunteered their time and talent** throughout the year. You made a difference!



Volunteer helping with landscaping beautification

New Strategic Plan: Looking Ahead

Anchor House board and key staff came together this year to **create a new three-year strategic plan** led by a consultant. During the process, we surveyed stakeholders, held a retreat and formed working groups in our priority areas. **The plan outlines a path forward in four strategic areas:** Programming, Fund Development, Communications and Staffing. These areas will be informed by our commitment to diversity, equality, inclusion and justice (DEIJ).

As the mental health crisis continues we place a priority on the mental health of our youth. We anticipate a growing need for **mental health support in a trauma informed care environment.**

Anchor House works to support the family unit

Donate

Volunteer

Partner

Share

Check presentation for educational purposes

Winter donation of hats and gloves

"Anchor House does a wonderful job in our city (Trenton) and county, making a difference in the lives of so many."

– Jim Kerney, James Kerney Foundation

Ways You Can Help

From volunteering with youth, joining a committee, knitting hats, organizing our food pantry/essential needs closet, gardening or becoming a donor – **there's a place for you at Anchor House!**

Please visit anchorhousenj.org to learn more about our work and to donate if you can.

For more information and ideas on how you can help, please contact Kim McNear at kmcnear@anchorhousenj.org or call 609-396-8329.

More Ways to Partner

- Monthly Giving Program
- Gifts of securities, IRAs or planned gifts
- Employee Matching Gifts
- Donor Advised Funds

"We recognize the importance of and are proud to provide youth with an extended support system to help meet their essential needs, growth and positive youth development."

— *Kim McNear, Anchor House Executive Director*

C's Story

C called Anchor House looking for assistance after experiencing homelessness and began losing hope. She was connected to case managers in our outreach program and **received support, encouragement and the resources needed to find a stable living environment.** During her time at Anchor House, she also found **a safe space to express her thoughts and feelings** with our agency therapist in a trauma informed care environment.

For the first time, C felt heard and realized everything was not her fault and she did not have to fix everything at once. The supportive, compassionate and trauma informed care received led to **noticeable increased self-confidence and self-worth.**

"I was able to open up without feeling judged or ashamed of my thoughts and feelings."

– Shelter Youth

Our work evolves

Learn more and donate

www.anchorhousenj.org

"Anchor House was literally a shelter in a storm – a safe haven where I was able to have peace of mind."

– Shelter Youth

Anchor House IMPACT REPORT 2022

CHARITY NAVIGATOR 100 OUT OF 100 GIVE WITH CONFIDENCE

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